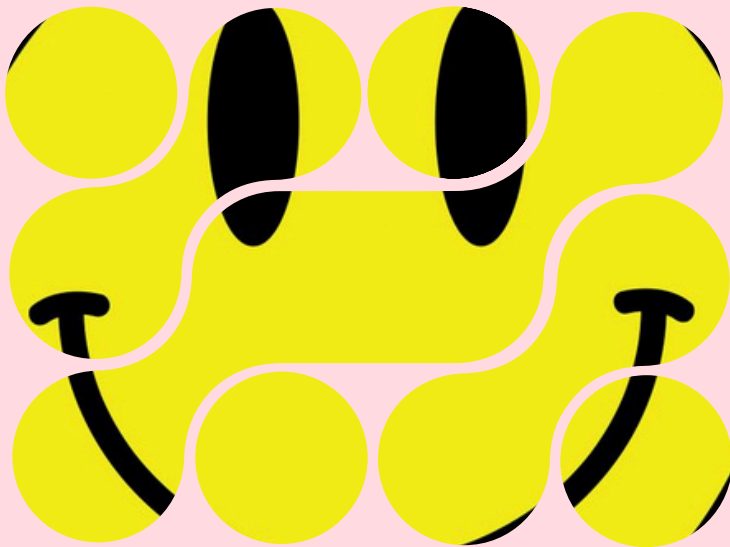


2024

# FESTIVAL PROGRAM

30 AUGUST - 2 SEPTEMBER



# PAREŌ

FESTIVAL

[www.pareofestival.com](http://www.pareofestival.com)

DAY 1  rise: 6:53  
set: 19:57

7:00 - 8:30 → Sunrise Yoga with Eva, Prassa  
8:30 - 10:00 → Post Yoga Breakfast & Swim  
11:30 - 13:00 → Open Discussion/Workshop  
“Conscious Being/Living” by Lina Kafritsa,  
Stou Fraggouli  
17:30 - 19:00 → Openair ART Workshop,  
PEINAO x Lex Pan, Zacharias  
19:00 - 20:00 → Yang to Yin Yoga by Anasa  
Flow Yoga

21:00 → PAREO Welcome Ceremony  
Live Set: Classical Music, Tseliou & Tselos  
DJ Set: Alpha Sect  
Location: **Brachera**

DAY 2  rise: 6:54  
set: 19:55

10:30 - 11:30 → Morning Pilates with Loukia  
Dousi, Alyki  
12:00 - 13:00 → Architecture Workshop by  
Depiana Charalabidou, Klima  
14:30 - 16:00 → Openair WILLIS CERAMICS  
workshop, Mavrospilia  
17:30 - 18:45 → Dance Movement Therapy  
by Iliana & Audree, Ellinika, near Mavrospilia  
19:00 - 20:00 → Sunset VinyasaYoga and  
Meditation, Dekas, near Mavrospilia

21:00 → PAREO Glenti / Πανηγύρι  
Voice: Alexandra Magkou  
23:00 → Andreas & MOS  
Location: **Kimolos School**

DAY 3  rise: 6:55  
set: 19:54

14:40 - 15:50 → Afternoon Pilates by the sea,  
with Loukia Dousi, Rema Elephant

SUNSET PARADISE BEACH BAR

Location: **Mavrospilia**

18:00 - 19:00 → Yoga Grooves with Anasa Flow,  
18:30 - 20:30 → Live Painting on wood  
SPEKTRAUM x PAREO Loverdose Party  
19:00 - 21:00 → MIRONAS  
21:00 - 23:00 → BILL SELFER B2B PARADISCO  
23:00 - 1:00 → MAN WITH THE SPEAKER  
1:00 - 3:00 → REIGN OF TIME

DAY 4  rise: 6:56  
set: 19:52

16:00 - 17:30 → Dance Therapy with Iliana &  
Audree, Goupa  
18:00 - 19:00 → Open air ART Workshop,  
Bonatsa  
19:00 - 20:00 → Summer’s End Flow  
with Anasa Flow, Bonatsa Beach

20:00 → PAREO Closing  
Live Band: FLEA MARKET  
Location: **Ammos Beach Bar, Bonatsa**

# SPONSORS

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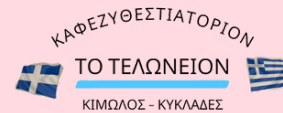
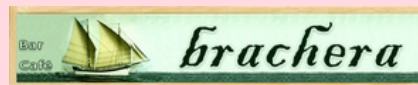
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# UNDER THE AUSPICES



SUPPORTERS



# TICKETS

MUSIC EVENTS ARE OPEN TO THE PUBLIC (no ticket needed)

FOR ALL YOGA & PILATES SESSIONS  
A mat or beach towel is essential for your comfort. No prior yoga or pilates experience is required.

We recommend you prebook your spot for any wellness and workshops before hand. Drop-ins are also available.

# ART EXHIBITION

From Friday 30/8 to Monday 2/9:  
Open every day after 6pm

## Locations:

School, Sotira Square, Cuckoo Box,  
KYHMA Gallery (6pm until late)

Anemolethe Hotel (6pm - 11pm)

Igor Borisov Private Atelier: ring his bell in  
Psathi (Kimolos Port) between 6pm to 10  
pm

# MORE INFO

For any help or inquiries please contact us  
via email or call +30 6976939170

MOREINFO AT

[www.pareofestival.com](http://www.pareofestival.com)

